# The Saiacens Head

Good Morning

Tea or Coffee

Fruit Juice - Orange, Apple, Cranberry or Pineapple

### TO BEGIN

Cereals, Nuts, or Granola

Individual Yoghurt - Natural or Fruity

Mixed Fruit - usually from Strawberries, Raspberries, Blueberries, Kiwi, Melon, Banana, Pineapple

### TO FOLLOW

Full Cooked Breakfast - sausage, bacon, eggs (cooked to your liking), mushrooms, fried bread, tomato, baked beans & black pudding (This is quite a large dish, should you like a smaller version, please ask)

Smoked Salmon and scrambled eggs, with toasted sourdough

Smashed Avocado and Chorizo, poached egg, with toasted sourdough

Kippers

Eggs Benedict or Eggs Royale

## ACCOMPANIED / FOLLOWED BY

Toast - White, Granary, Multi-seed, or mixed

Fruit Jams - Strawberry, Apricot, Raspberry, Blackcurrant or Marmalade

Croissant or Pain au Chocolat

### Regarding guests staying more than one night

Should you wish your room to be serviced, or require more tea, coffee, etc, please inform the breakfast staff or housekeepers

